

Mastering - PRIORITIZATION -

A Key to Success

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The King's School West Rand

Issue No. 08



Over the past few weeks, we've been talking about executive functioning skills that we focus on here at The King's School. One such critical executive functioning skill is prioritization.

01 Mar 2024

Jesus taught about prioritization - "But seek first his kingdom and his righteousness, and all these things will be given to you as well" - Matthew 6:33 (NIV). What we teach our children about prioritization should be built upon Scriptures like Matthew 6 that guide us on what our priorities should be. This verse, as I'm sure you will agree, is not an easy verse to apply to our lives. If prioritizing is a skill that has been mastered, the application of Matt 6 becomes easier, as we have learnt about delayed gratification, what is important and what is essential, etc.

We believe that by learning to prioritize their tasks and responsibilities, they can manage their time and resources effectively, focusing on what's truly important. In turn, this will help them as they grow into young adults who need to make more significant life choices about priorities and what to focus on.

Prioritization is also a skill that promotes goal-oriented behaviour. By identifying

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the tasks that are most critical to their goals, students can allocate their time and effort accordingly, improving their efficiency and productivity. This skill is crucial for academic success, helping learners meet deadlines, prepare for exams, and balance various academic responsibilities.

We aim to integrate prioritization skills into our curriculum and teaching strategies. We guide students in setting clear, achievable goals, identifying the tasks that are important to these goals, and creating effective schedules that reflect these priorities. As parents, you can assist your child by using assessment schedules, projects or any task for that matter, and break it into smaller goals for them to work towards on a daily/weekly schedule.

Together, we can equip our children with the skills they need to succeed in life and stand out above the crowd. They will not only be successful from a career perspective but they will be Kingdom-minded in their approach to priorities in life. Let's work hand in hand to raise a generation that knows how to prioritize and focus on what's truly important.

-MR. PHILIP THERON, CAMPUS PRINCIPAL

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IMPORTANT Dates

Open Day

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- Grade 4 Day Camp
- Grade 5 to Grade 12 camp
- Hooked on Books
- FOF Gala Evening
- Summer Games Competition and School Closes
- SACSSA Volleyball @ TKSWR
- Netball, Soccer Clinics / Tour (u13-Opens)
- HS Hockey Clinic / Tour

Saturday 2 March (9:00 to 12:00) Wednesday 6 March 6 to 8 March Monday 11 March Thursday 14 March 18:30 Friday 15 March Saturday 16 March In the week of 25 - 29 March (TBC) In the week of 25 - 29 March (TBC)



Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.

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CYCLE TEST TUESDAY 5 MARCH 2024

GRADE 4-12

WE WILL FOLLOW DAY 4 TIMETABLE

Moontlight Picnic

On Friday night 23 February the Pre-School enjoyed a picnic under the stars. Although the weather threatened with rain, it soon cleared and a lovely evening was had by all.

Thank you to all the families who joined us.

CLICK HERE FOR MORE PHOTOS





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We are excited about our newest Chess partnership with Coach Ben (Chess Master) and his High Performance Chess Centre. Please click on the link to sign up and become part of excellence in Chess at The King's School West Rand. https://forms.gle/JXbQLzn6V31iUG9j9



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EXTRAMURAL PRACTICES IN THE WEEK: 4 TO 8 MARCH (CAMP WEEK)

Please note that our learners in the High School and the Intermediate Phase are going on school camps as follows:

- High School: Wednesday 6 March Friday 8 March
- · Intermediate Phase (Grades 5 7): Wednesday 6 March Friday 8 March
- · Grade 4 day camp Wednesday 6 March.

PLEASE NOTE THAT SPORTS AND EXTRAMURAL PRACTICES WILL CONTINUE AS NORMAL ON MONDAY 4 MARCH AND TUESDAY 5 MARCH FOR ALL PHASES.

Sport and Extramural practices are cancelled as follows per phase:

- High School: 6 8 March (From Wednesday onwards)
- · Intermediate phase (Grades 5 7): 6 8 March (From Wednesday onwards)
- · Grade 4 (u10) Wednesday 6 March if applicable (Only Wednesday)
- NB: Grade 4 (u10) will have practices for their relevant codes on Thursday 7 March.

Foundation Phase Extramural practices are continuing for the whole week as normal.

All training/extramurals will commence again on Monday 11 March and the last day of Sport & Extramurals are Wednesday 13 March as per the school year plan.



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HIGH SCHOOL ATHLETICS D12 CHAMPIONSHIPS

Our High School Athletics Team competed at the D12 Championships on Friday, 23 February 2024 at Hoërskool Florida. Congratulations to the following ELEVEN athletes who have qualified to represent the D12 District at the Secondary Schools' Athletic Championships (Gauteng) on 1 and 2 March 2024 at Germiston Athletics Stadium, Ekurhuleni.

SKYLA BLIGNAUT - Girls u15 100m / LongJump BOKANG MAITHUFI - Girls u15 LongJump DAVINA MAKOTA - Girls u15 HighJump / 400m / 300mH KAELO NKABINDE - Girls u15 300mH NATHANIEL DZIGA - Boys 100m H THABO LYONES - Boys u15 300m H HAYDEN NETHONZHE - Boys u15 300m H NAOMI DZIGA - Girls u17 200m MVELO GOVA - Girls u17 100m BUNATHI BUTHELEZI - Boys u17 Javelin LUSANI MUDAU - Girls u19 LongJump

Reserve List MIA BECKMANN – Girls u19 1500m NJABULO DLAMINI – Boys u15 1500m



Please click here for more photos

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PRIMARY SCHOOL SOCCER - JTT (U12 & U13)

TKSWR hosted the annual JTT tournament over the weekend of 23 & 24 March 2024. The tournament is used for trials to form a squad to represent the West Rand Primary Schools Football Association Team (WRPPSFA) at the inter-provincial Protea Bill Stewart Tournament to be held at Camp Discovery in Limpopo during July 2024.

Unfortunately our u13 team did not progress beyond the group stage.

The trials will take place in the format of a combined U12 & U13 knockout tournament. We wish our team and Coach Ayanda the best of success.

The final was contested by Silverfields Primary School and Soweto Sports Excellence. Congratulations to Silverfields who won 2-1 (penalty shootout).

More photos HERE

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