



From the **Principal's Desk**

As parents, you would have noticed that at TKSWR, we aim to teach our learners many skills, attitudes and values that extend beyond the classroom. The most important being a solid Biblical worldview. But we also emphasise executive functioning skills; one of which is active listening. It is a skill we believe opens up a path to deeper understanding and effective communication.

James encourages us with words that are certainly easier said than done: "Everyone should be quick to listen, slow to speak and slow to become angry" - James 1:19 (NIV). Active listening is more than mere hearing. It's about fully engaging with the speaker, understanding their perspective, empathizing with their emotions, and responding appropriately. It requires being wholly present in the conversation, focusing not just on the words, but also on non-verbal cues and the emotions they convey.

In today's fast-paced world, communication often becomes one-sided, with more emphasis on speaking than on listening. However, true understanding and empathy stem from active listening. It helps bridge gaps, resolve conflicts, and build stronger, more meaningful relationships.

In the classroom, active listening plays a pivotal role in learning. When students listen actively, they are better positioned to absorb and understand complex ideas, solve problems, and engage in meaningful discussions. It also fosters critical thinking skills, enabling students to analyze, evaluate, and create new ideas.

Beyond academics, active listening is a valuable tool in developing interpersonal skills. It encourages students to understand and respect diverse perspectives, fostering empathy and compassion. This skill is particularly important as our students mature and begin to navigate more complex social interactions, helping them build solid relationships with peers, teachers, family, and eventually, colleagues.

In the professional world, active listening is a critical skill. The ability to listen, understand, and respond effectively is highly valued. As our students move forward in their chosen careers, active listening will equip them with the capacity to collaborate effectively, understand and meet client needs, and rise as leaders in their fields.

At The King's School West Rand, we integrate active listening skills into our curriculum and everyday interactions. We believe that by nurturing these skills, we can build a school community that communicates effectively, understands deeply, and empathizes genuinely. Many adults I come across struggle with active listening, we tend to listen so that we can respond. This often leads to unnecessary and avoidable conflict. We invite you, as parents, to reinforce this skill at home. By modeling active listening, engaging your child in conversation, and encouraging them to express their thoughts and feelings, you can significantly enhance their communication skills.

Together, we can equip our children with the tools they need to succeed in life. Let's work hand in hand to raise active listeners who will become thoughtful leaders, effective collaborators, and compassionate individuals.

-MR. PHILIP THERON, CAMPUS PRINCIPAL

Important Dates

- Festival of Fame
- JT Soccer Tournament at TKSWR
- · Open Day
- Grade 4 Day Camp
- Grade 5 to Grade 12 camp
- · Hooked on Books
- FOF Gala Evening
- Summer Games Competition and School Closes
- SACSSA Volleyball @ TKSWR
- Netball, Soccer Clinics / Tour (u13-Opens)
- · HS Hockey Clinic / Tour

22 February - 1 March

23-24 February

Saturday 2 March (9:00 to 12:00)

Wednesday 6 March

6 to 8 March

Monday 11 March

Thursday 14 March: 18:30

Friday 15 March

Saturday 16 March

In the week of 25 - 29 March (TBC)

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THE EFFECT OF RESPECT



High School News

Mrs. Nalize Botha, one of the LRC teacher mentors, reminded the High School students about the importance of respect by sharing some insights from the Bible.

In Luke 18:9-14, Jesus told his disciples a parable about a Pharisee and a tax collector praying in the temple. Through this story, Jesus

warned his followers about the dangers of self-righteousness and emphasised the importance of humility.

Mrs Botha explained that we should not be like the Pharisees, who were self-centred and looked down on others. Instead, we should remember that we are all made in God's image, and Jesus died for everyone, regardless of their background or appearance. This means that every person has value and deserves respect.

To love God and love people, we must avoid exalting ourselves and judging others unfairly. Instead, we should humble ourselves and draw close to God, allowing him to help us see, love, and respect others. As the Bible says, "Outdo one another in showing honour." Let's strive to follow this command and treat everyone with the respect they deserve.

SWIMMING

Kenzo and Cairo Hutton (Senior and Open Water Team) participated in the 51st Midmar this year and completed 4 events each over the Midmar weekend. The conditions this year proved to be challenging with strong winds and currents over the two days The Midmar Mile took place.

Well done boys! We are proud of you!







PRIMARY SCHOOL ATHLETICS D12 CHAMPIONSHIPS

Five of our athletes qualified to compete at the D12 Championships on Friday, 16 February 2024 at Hoërskool Florida.

ZACH MACE	_	Boys u 13	HighJump	_	2nd
SIYANDA TWALA	_	Boys u 13	100 & 200m	_	1st in both
MIGUEL CHIKATI	_	Boys u 13	ShotPut	_	2nd
BOKANG SEOTLELA	_	Girls u 10	LongJump	_	3rd
LEETO TLOMATSANE	_	Girls v 11	High Jump	_	3rd

Congratulations to the following athletes who have qualified (only the top 2 qualify for each event) to represent the D12 District at the Provincial Primary Schools' Athletic Championships (Gauteng) on 8 and 9 March 2024 at Boksburg Athletics Stadium, Ekurhuleni.

ZACH MACE Boys u 13 HighJump 100 & 200m Boys SIYANDA TWALA u 13 ShotPut MIGUEL CHIKATI Boys u13



ZACH MACE



SIYANDA TWALA



MIGUEL CHIKATI



BOKANG SEOTLELA LEETO TLOMATSANE



HIGH SCHOOL ATHLETICS ROODEPOORT CHAMPIONSHIPS

Our High School Athletic Team competed at the Roodepoort Championships on Friday, 16 February 2024 at Hoërskool Roodepoort. Congratulations to the following FIFTEEN athletes who have qualified to represent Roodepoort at the D12 Athletics Championships on Friday, 23 February 2024.

SKYLA BLIGNAUT

Girls u 15 100m / LongJump Girls u 15 LongJump

BOKANG MAITHUFI DAVINA MAKOTA

Girls u 15 HighJump / 400m / 300mH

KAELO NKABINDE

Girls u15 300mH



The King's School West Rand

Issue No. 07

NJABULO DLAMINI Boys u 15 1500m Boys 100m H **NATHANIEL DZIGA** Boys u15 300m H THABO LYONES Boys u 15 Javelin KGATOENTLE MASANGANE Boys u 15 300m H HAYDEN NETHONZHE NAOMI DZIGA Girls u 17 200m **MVELO GOVA** Girls u 17 100m Boys u 17 Javelin **BUNATHI BUTHELEZI OLWETHU KHOZA** Boys u 17 200m MIA BECKMANN Girls u 19 1500m **LUSANI MUDAU** Girls u 19 LongJump

PRIMARY SCHOOL SOCCER - JTT (U12 & U13)

TKSWR will be hosting the annual JTT tournament this coming weekend, 23 & 24 March 2024. The tournament is used for trials to form a squad to represent the West Rand Primary Schools Football Association Team (WRPPSFA) at the inter-provincial Protea Bill Stewart Tournament to be held at Camp Discovery in Limpopo during July 2024.

The trials will take place in the format of a combined U12 & U13 knockout tournament. We wish our team and Coach Ayanda the best of success.



HIGH SCHOOL Swim Squad

Our Lady of Lebanon hosted an exhilarating high school swimming gala on Thursday, February 15th. The event saw our school clinch an impressive 12 first places, along with 2 second and 3 third places. Despite fierce competition, our school secured 4th place overall with a total of 184 points, showcasing exceptional talent and determination in the pool.



Front row: Justin

Second row: Alec, Daniel D, Jesse, Isi

Third row: Daniel L, Bolan, Coach Kristi, Coach Mia, Sarah, Andre, Liso

PRIMARY SCHOOL Swim Squad

The King's School West Rand was abuzz with excitement as it hosted the primary school swimming gala on Friday, February 16th. Our outstanding performance shone through with an impressive tally: 21 first places, 13 second places, 10 third places, 9 fourth places, 2 fifth places, and 1 sixth place. Capturing a total of 272 points, our school proudly secured third place overall. This event not only celebrates athletic prowess but also underscores the importance of swimming as a vital life skill.





