

04 SEP 2020

The King's Ken

*Have you ever
heard of the*

**STANFORD
MARSHMALLOW
EXPERIMENT?**



Contact Us!



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From the Principal's desk

Have you ever heard of the Stanford Marshmallow Experiment? It was a landmark study done in 1972 by psychologist Walter Mischel, on a group of 216 children aged four to six.

A single marshmallow was offered to each child and if the child could resist eating it right away, he or she was promised two marshmallows instead of one.

A hidden camera enabled researchers to watch the children while they left the room. Some kids gobbled up the marshmallow straight away, but a few tried many temptations-resisting tactics to earn the extra marshmallow. They sang songs, covered their eyes, played games, and some even tried going to sleep.

The same group of children were tracked in a longitudinal study throughout high school and the results were astonishing. These children who were able to delay gratification in order to get a second marshmallow scored substantially higher marks in High School, the Marshmallow Experiment was twice as important than IQ in predicting academic achievement **and** these kids were more self-reliant and socially competent. On top of this, a follow-up study 40 years after the original research, showed that these students ended up with higher incomes, stronger marriages and happier careers.

MR. KEN LANGLEY
Principal

2021

Here are the draft provisional term dates for 2021. Please note that we are awaiting the publication of the Department of Basic Education calendar, and this might impact our own calendar finalization.

Term 1 - (8) 13 Jan - 19 March
Term 2 - (12) 13 Apr - 25 June
Term 3 - (19) 20 July - 23 Sept
Term 4 - (11) 12 Oct - 8 Dec

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Friendly Reminder: School fees must be paid in advance, before the 7th of each month, 12 Months of the year.

I Am A Covid Survivor!

Our household has been affected by Covid. My daughter Tracy, is a sister so she has worked right through lockdown, dealing with sick patients. So I guess we expected it to happen. Tracy was tested positive on the 22 July, her birthday, and her husband Mark the next day. I was tested positive on the 25 July. Their two little children, Cody 3 and Maddy 13 months also had the virus.

I remember when Mark drove me back from the doctor, I asked God for His grace and serenity to allow me to accept this, as I couldn't do a thing to change it. Tracy was admitted to hospital with pneumonia. So we had two very ill little children, who needed taking care of. I didn't allow myself any self-pity, and tried very hard the first two nights to help with the children. Shylet, our angel on the plot, moved into Maddy's room, and we are grateful that she was spared this virus.

Mark had no symptoms, however, Tracy and I had severe symptoms with secondary infections being bronchitis and pneumonia. We found the breathlessness, fatigue and severe headaches difficult to cope with. I chose to take an hour at a time, I nursed my husband

Thomas through isolation, and I found during those dark days, it was a coping mechanism to take an hour at a time, day and night. My beloved Thomas passed away on the 16 May this year. This was the first illness I've soldiered through without him by my side. But, I was reassured that God had this, and I wouldn't be given more than I could cope with. I couldn't give up, I had to go through this, and not get stuck half way feeling sorry for myself.

God held us and carried us through this trauma. Day by day we strengthen, our little children are healthy now. Two weeks before Thomas died, we signed to sell the plot. How awesome that a ministry has bought the plot to continue God's work here. So as I prepare to leave my beloved plot, and her beautiful memories, I will walk through this, yet again, with my God accompanying me along this new chapter and journey. May you all have peace, grace and serenity to go through this virus, should you find yourself stricken with it.

Thank you for reading my story.

Teacher Jenny Goodwin

PRAYER FOCUS

FRONTLINE WORKERS

In our country's fight against the deadly Coronavirus, a big part of the strategy was to self-isolate at home and reduce any close contact as much as possible. But there were some that had to do the opposite, go into the most high risk areas and expose themselves to possible infection in the line of their work. These are the country's frontline workers in the medical field - hospitals, clinics, testing stations and ER. We would like to honour these heroes who are willing, on a daily basis, to serve on the frontline at great risk to themselves. We appreciate you, we pray that God will extend his favour to you and that he will reward you for your sacrificial serving.

Here are three of our frontline medical workers that we are praying for.

Dr Marius Jansen van Rensburg



Andrea van Staden



Alicia Jansen van Rensburg



Parents who work in
a hospital or clinic-
please let us have a pic
of you
-we want
to honour you.

THE SCHOOL WEAR SHOP

Please take note...

- UNTIL WE REACH LEVEL ONE APPOINTMENTS ONLY** to avoid queues and to adhere to the social distancing rules. I will only be assisting one parent (family) at a time.
- Please contact Liza on 072 1083 670 or email ropacc@vodamail.co.za to set up an appointment.
- Assistance available on Saturdays to accommodate working parents.
- Wearing of masks is compulsory.
No mask – No entry.
- Hand sanitiser will be available in the shop for Parents and Children on entry and exit of the shop.

**Just a reminder
that school will
close for the end of
Term 3 on 18
September at
normal times as
per the timetable.
We will re-open on
Monday, 5 October
2020.**

Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.



Dear King's

I just want to take this time to really say thank you to the wonderful teachers that led me through one of the most important journeys of my life. The King School West Rand will always be such a huge part of who I am and building the strong foundation that I have. For that I am forever grateful.

I want to thank the school as a whole for being a part of my life and giving the best of the best that this life has to offer. Thank you for giving me a solid foundation of love, faith, perseverance and hard work.

Now looking back, I couldn't have asked for a better school to spend my 13 years of scholarship at.

Last but not least, I am so proud of the TKSQR team. Seeing the school expand and grow, really brings so much happiness to know that God is answering your prayers. I pray that these schools will touch other children's lives the way it touched mine and I pray that the school will grow from strength to strength. I pray blessings upon the schools and pray that the Lord will bless those who are in leadership, may they be blessed with wisdom, patience and may God go before them in every decision.

Thank you once again, TKSQR.

from a former student



SWOP SHOP

For second hand school items to buy or swap

The shop will be open on **Mondays & Thursdays** from **06:45 to 07:30**. Please keep in mind that all items that you want to swap or donate must be in a usable condition. We will not accept clothes that are torn

CONTACT:
Kim 082 339 0640 or
Antoinette 061 944 3898.

Hygiene Guidelines

FOR SWOP SHOP/2nd HAND SHOP

Guidelines for the management of the swop shop/2nd hand uniform shop, based on the principles set out by the NCID in the control of Covid-19.

- Surfaces of the shop to be cleaned with household detergent, then disinfected applied to surfaces before the shop opens.
- All surfaces, including floors to be disinfected at the end of each day that the shop is open.
- Gloves to be used when cleaning the surfaces and handling soiled clothing items. Proper personal hygiene to be followed before and after the use of gloves. Correct disposal of gloves to be followed.
- Parents accessing the school grounds will be required to follow the access rules as set out by the school.
- Alcohol-based hand sanitiser to be used on entry to the shop.
- No mask No entry policy to be enforced.
- Maximum of 2 people to be allowed into the shop at any given time.
- Minimum social contact and a safe distance of 1,5m between customers.
- Parents advised to please bring their own bags or packets.
- Parents are requested to please wash any items brought in for exchanging.



Please contact Kim 066 521-8717 or Antoinette 061 944-3898

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