

19 FEB 2020



The King's Ken

Self-
regulated
not
OTHER-
regulated



Contact Us!



011 100 5377

admin@tkswr.co.za | www.tkswr.co.za

From the Principal's desk

Self-regulated not other-regulated

At The King's School West Rand, we believe that it is important to train students to be self-regulated rather than other-regulated. We live in a world characterised by anxious, hyper-vigilant parenting, where children are quickly 'rescued' from any demanding situation and then miss out on developing emotional resilience or brave perseverance. And so they remain helpless and dependent, and are slow to develop a level of autonomy expected of their age.

To assist, we constantly teach and reinforce 5 self-regulation or executive function skills at our school:

- **Initiating** (starting a task without prompting from an authority figure)
- **Self-organisation** (arranging own programme, desk or materials)
- **Prioritising** (being able to sequence tasks in order of importance)
- **Listening actively** (listen with intent to action), and

• **Staying on task** (persevering until completion)

Parents, let's encourage our kids to engage in 'responsible risk-taking' so that they can slowly begin to develop self-regulation. I know that it's bucking the trend of modern parenting. Stanford University undergraduate dean Julie Lythcott-Haims broaches the issue in her new book, *How to Raise an Adult*:

"Why did parenting change from **preparing our kids for life to protecting them from life**, which means they're **not prepared to live life on their own**?" she writes. "We treat our kids like rare and precious botanical specimens. . . Without experiencing the rougher spots of life, our kids become exquisite, like orchids, yet are incapable, **sometimes terribly incapable, of thriving in the real world on their own.**"

MR. KEN LANGLEY
Principal

NB! DATES FOR THE TERM

- 19 February - School Day Prayer Day
- 22 February - Nursery School Sports Day
- 24 February - Intermediate Phase Blue Certificate Assembly
- 25 February - Roodepoort Athletics Championships (PS)
- 26 February - Ash Wednesday
- 28/2-2 March - Festival of Fame
- 28 February - HS Athletics: D12 Championships
- 29 February - Roodepoort Individual Chess
- 5 March - D12 Athletic Championships (PS)
- 6 March - HS Certificate Assembly
- 6 +7 March - Gauteng Athletics Championships
- 7 March - Open Day (09:00 – 14:00)
- 11-13 March - School Camp (Gr. 5 – Matric)
- 11 March - Gr. 4 Day Camp
- 19 March - Shavathon
- 20 March - Wintersport Interhouse
- 20 March - Nursery School Fun Day
- 20 March - SCHOOL CLOSSES

@ 11:45 for Pre-School and Foundation Phase

@ 12:00 for Intermediate Phase and High School

Finance Office Times

Please note that the Finance Office will only be available for calls and visits during the following times daily:

07:30 to 10:00 and again from 13:00 to 15:00

Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.

VW JUNIOR MASTERS WINNING TEAM AT GOTHIA CUP



They have qualified for and have been selected to represent South Africa in the Gothia Cup 2020 in Gothenburg, Sweden from 11 July – 18 July 2020.

This is the most prestigious youth football tournament in the world and it is a great honour for players to compete against nations from around the world.

We wish you and your team great success Rachel. Well done, we are super proud of you!

Congratulations to Rachel Baker in Grade 9 whose Rand Central Local Football XI young ladies soccer team were crowned the Volkswagen Junior Master Champions during December 2019.



THE SCHOOL WEAR SHOP

Liza Smith - 072 108 3670

E-mail - ropacc@vodamail.co.za

OPERATING HOURS - SCHOOL TERMS ONLY

Monday, Wednesday & Thursday:

06:45 to 13:30

Mrs. Smith may be contacted on the number above
from Monday to Friday from 06:45 to 16:00

CLOSED: Tuesdays, Fridays & Sundays

**TO ACCOMMODATE OUR
FULL-TIME WORKING PARENTS:**

Saturdays by appointment only



THANK YOU FOR YOUR UNWAVERING SUPPORT!

21 February-Baked Beans

28 February-Dishwashing Soap

6 March-Handy Andy/Savlon

13 March -Mielie Meal

20 March-Rice

In addition to the above, any warm clothes for children from 3 months to 9 years old will be greatly appreciated.

Congratulations!

We are proud to announce that Onkgopotse Tsitsi, 2019 Matric learner, received his distinction in Afrikaans after he had his paper remarked. CONGRATULATIONS Onkgopotse, we are so proud of you!



CONTACT US TO PLACE YOUR ADVERT INTO THE KING'S KEN
EMAIL: ADMIN@KSWR.ORG.ZA

Struggling to help your child with Afrikaans?
Feeling frustrated?

AFRIKAANS FIRST ADDITIONAL LANGUAGE COURSE

- Customised course focusing on speaking & writing, vocabulary and phonics as opposed to grammar only.
- Builds foundation to help children pass the school subject.

GRADE 2-6

- Ideal for learners who are coping with their first language school subject.
- Total Physical Response (TPR) method - teaching language concepts by using physical movement.

Contact Edublox Johannesburg:
West Rand & Northcliff
+27(0) 82 531 7200
monique@edublox.com
www.edublox.co.za

Successful Kids. Proud families!



SWOP SHOP

For second hand school items to buy or swap

The shop will be open on **Mondays & Thursdays** from **06:45 to 07:30**.
Please keep in mind that all items that you want to swap or donate must be in a usable condition. We will not accept clothes that are torn

CONTACT:
Kim 082 339 0640 or
Antoinette 061 944 3898.

**KING'S
EDUCATION
GROUP**

 **The
King's
School**

**WEST RAND
VINEYARD
DISCOVERY
MULDERSDRIFT
DAYSRING**



OPEN DAY



**SATURDAY
7TH MARCH**

9:00-12:00

**63 MALCOLM RD, POORTVIEW
ADMIN@TKSWR.CO.ZA**

☎ 011 100 5377

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The
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WEST RAND
VINEYARD
DISCOVERY
MULDRSDRIFT
DAYSRING

MARKET



SATURDAY
7TH MARCH

9:00-14:00

HELICOPTER
FLIPS

63 MALCOLM RD, POORTVIEW
ADMIN@TKSWR.CO.ZA

☎ **011 100 5377**