

THE ART OF CONVER SHIVE

Trend experts have reported that the more urbanised and hi-tech our society becomes, the more we yearn for the high touch or personal element of connecting to others. Our increasingly digital world causes us to feel increasingly alienated.

NEXT PAGE



admin@kswr.org.za

20111005377 www.kswr.org.za



I want to side with Sherry Turkle, who says in the New York Times, that we need to recapture the art of conversation (without cell phone in hand). She argues that conversation is the most human and humanising thing we can do. It teaches us how to put ourselves in others' shoes and pay close attention to someone other than ourselves.

We can help our children by teaching them (and showing them!) these skills:

1. FREQUENT EYE CONTACT

Eye contact can speak more than words and tells someone that you are engaged and interested in them

2. TALK ABOUT FEELINGS

The more impersonal we become, the less we share about our feelings. Kids today even struggle to identify what they are feeling. Help them to identify anger, frustration, sadness, excitement, anxiety, bewilderment and to correctly name them.

3. BE FULLY PRESENT

If you're ever in a meeting, check how soon delegates start checking their phones. It's a sign that they're not fully present. If we're going to win this battle we need to consciously fight distraction and purposefully be fully present.

4. PHYSICAL TOUCH

A hand on the shoulder, a slap on the back, a high five, a hug - they are small things that reinforce connecting.

5. INVITE INPUT

"what do you think?" is such a beautiful way of saying I value your opinion and I think you have a contribution to make.

6. BE COURAGEOUS

When you have a choice between an SMS or a call or a face to face conversation, what is your default? Always push yourself for the face to face and practice meaningful connecting.

7. PRACTICE THE PRESENCE OF GOD

Every conversation is an opportunity to practice the presence of God and to discern how he will use you to minister to another.

I've shared three pieces on the emailer Christian Education Forum for more on this topic: Stop Googling, Let's Talk; The Age of Dis-Incarnation; Your Family: Unplugged.

MR. KEN LANGLEY PRINCIPAL



3 March

Festival of Fame

6-10 March

School Camp (Gr. 5 – Matric)

15-17 March

Gr. 4 Day Camp

15 March 20 March SCHOOL HOLIDAY **HUMAN RIGHTS DAY**

21 March

International Evening SCHOOL CLOSES

23 March 24 March @ 11:45 for Pre-School and Foundation Phase @ 12:00 for Intermediate Phase and High School



CONTACT US TO PLACE YOUR ADVERT INTO THE KING'S KEN **EMAIL: ADMIN@KSWR.ORG.ZA**



Study course

A 3-day study course for Gr 4 - 9!

10-12 April 2017

What will I learn and receive?

HOW to plan, summarize and study HOW to remember easier My brain profile A Subliminal CD to use for the rest of my life with studying. Applications close 17 March 2017

Contact: Wilma 072 913 0785

FOR FRIENDS FRIDAY

3 March - Handy Andy/Savlon 10 March - Mielie Meal

17 March - Rice 24 March - Sugar

In addition to the above, any warm clothes for children from 3 months to 9 years old will be greatly appreciated.

THANK YOU FOR YOUR UNVAVERING SUPPORT!



For second hand school items to buy or swop...

contact Debbie:

073 152 0333

debbie.bevan@saiglobal.com

If you have any good quality second hand items you would like to donate to the swop shop you may drop off as well.



Liza Smith - 072 108 3670

E-mail - ropacc@vodamail.co.za

Monday, Wednesday and Thursday: 06:45 to 13:30

CLOSED on Tuesdays and Fridays

TO ACCOMMODATE OUR FULL-TIME WORKING PARENTS:

Every 1st and 3rd Saturday of the month: 09:00 to 12:00

OPEN DAY/MARKET DAY Saturday 22 April 2017

School Tours: 09:00-12:00 • Flea Market: 09:00-14:00

The King's School West Rand would love to show off our Community and School to prospective parents. School Tours will be from 9am until 12pm whilst a Market will be held on the same day from 9am till 2pm at the school. Please join us on the day in sharing with the community as well as supporting parents and learners at the market.

Bring a picnic blanket and come join in some fun on the day.

Should you wish to book a stand at the market please e-mail: marketing@kswr.org.za





Congratulations Mariela!

We are extremely proud of Mariela Romanelli, Grade 1 student at TKSWR, who has been selected as a finalist in the prestigious National and International Toddler and Tween of the World Pageant 2017. She is involved in quite a few fundraising projects like Feed a Child and Shelter Children. Queries can be directed to Mariela. We wish you all the best Mariela!!

Congratulations Sean!

Sean Simoncelli in Grade 6 has been selected to represent the U12 Supersport Soccer Team that will participate in the Mundialito Tournament in Spain during April 2017. Congratulations Sean, we are very proud of you!



AT CHURCH THIS SUNDAY...

SERMON TOPICS IN OUR LOCAL CHURCHES THIS WEEK

COMMUNITY MINISTRIES

Pastor Craig Rowe will be ministering, baptism, communion- and ordination service.

RIDGECREST FAMILY CHURCH

10-week series on the 10 Commandments from Exodus 20 entitled: "Just do it God's way". The audio and video feeds are available on our website at www.ridgecrestchurch.org.za/sermons

MULDERSDRIFT UNION CHURCH

9:00 am (Kevin) Matthew 6:25-34 Our Father cares

5:30 pm (Ryan) 2 Samuel 9&10 Kindness

WILRO PARK BAPTIST CHURCH

Sunday mornings series is entitled "I Am - How Jesus meets our deepest needs." The evening series is entitled "Galatians: A Call to Freedom"







gulstrian Results







We are proud to announce that Ché-vonne Maré placed 1st in her Junior Preliminary Dressage Test B, as well as 2nd and 4th in her 110cm Show Jumping classes.

Chandré Delpêche did exceptionally well in her Junior Preliminary Dressage Test A where she placed 2nd.

Congratulations to Robyn Ward for placing 5th in her 60cm Equitation class. We are proud of all our riders and their amazing gifts and talents. Thank you for riding with such joy.

RESULTS OF THE DIZ CHAMPIONSHIPS 22 FEBRUARY 2017



Oluchi



Aiden

Oluchi Olebuike - Girls u12

1st - Long Jump 2nd - 100m 2nd - 150m

Tshiamo Mooki - Boys u11

1st - Long Jump

Aiden Wendt - Boys u10 3rd - Long Jump

Keira Davies Girls u10
3rd - Long Jump

OLUCHI and TSHIAMO are going through to the Gauteng athletics championships in Pretoria on 3 and 4 March 2017. They both received D12 colours.

CONGRATULATIONS!

原此不



Tshiamo



Keira

HIGH SCHOOL MARY AND ROODEPOORT CHAMPS

On Friday, 17 February our high school athletes competed at the Roodepoort Champs at Ruimsig. Nine different schools from our area competed for the top spots in each of the various events. We have three athletes that qualified and will be

representing Roodepoort at the D12 Athletics. Good luck to Christinna Anika that placed 1st in u/15 Long Jump, Kylo Richards that placed 2nd at u/19 Long Jump and Kyle Bevan qualified for the u/15 1500m.







